

News Release

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St. Helena Hospital Foundation Announces Major Investment in Older Adult Outreach and Critical Needs Assistance, Partnering with UpValley Family Centers

ST. HELENA, CA, NOVEMBER 27, 2018 – St. Helena Hospital Foundation is pleased to award a 3-year grant to UpValley Family Centers to expand and support services for older adults in the upper Napa Valley. The investment will help UpValley Family Centers hire a Senior Outreach Specialist to engage and educate older adults, provide training for in-home caregivers, and seed a Critical Needs Fund for seniors facing one-time emergencies due to personal or economic challenges. This grant award is part of St. Helena Hospital Foundation’s effort to strengthen healthcare in the upper Napa Valley for older adults.

Over 31% of the population of St. Helena and 27% of Calistoga is comprised of adults age 60 or older – and that population is expected to grow by 50% in the next 20 years. Emergency assistance and in-home caregiving helps ensure these older adults can stay in their homes longer, and provides a buffer for unexpected economic challenges.

“We’re so pleased to be able to invest in the care of our older adults to ensure they receive the health and wellness services they need to stay healthy longer,” says President and CEO of St. Helena Hospital Foundation Susan Dix Lyons. “UpValley Family Centers provides critical support for our community. Expanding services for our senior population will make us all stronger.”

Adds Adventist Health St. Helena President Steve Herber, MD: “We believe that supporting well-being in our community is an important role as a provider of healthcare. Using key partnerships enables us to achieve the broadest reach and advance toward our goal of a healthier future for our community.”

“Our community faces a growing need for high-quality senior care and support services,” says Executive Director of UpValley Family Centers Jenny Ocón. “UpValley Family Centers is delighted to expand the vital senior services it provides in order to better meet this critical need, and we are grateful to St. Helena Hospital Foundation for supporting this important work.

Research on older adults demonstrates that the three building blocks of longevity are good physical, mental and social health, leading to a more fulfilling life and reducing medical costs downstream. St. Helena Hospital Foundation will continue to review ways in which it can partner with local organizations to strengthen the healthcare safety network for older adults to support individual and community health.

St. Helena Hospital Foundation

St. Helena Hospital Foundation provides philanthropic support and enhances community connection for Adventist Health St. Helena and its vision to transform the health of our communities. Established in 2004 as a 501(c)(3) charity, St. Helena Hospital Foundation partners with supporters to fund technology, equipment and programs that improve and save people's lives. With a rich legacy of giving since the hospital's inception in 1878, donations have allowed for Adventist Health St. Helena to remain at its best, providing top quality care in the region. For more information or to learn about a range of giving opportunities, please contact St. Helena Hospital Foundation at 707.963.6208 or visit www.shhfoundation.org.

UpValley Family Centers

The UpValley Family Centers of Napa County (UVFC) provides guidance, support, and resources in the community, in the home, and for the individual, so that everyone can achieve a better life. We envision that through healthy relationships and networks of support, all people are safe, valued, and prepared to create the future they want for themselves, their families, and their community. Since 1999, UVFC has been the primary trusted resource for low-income and/or isolated communities in the northern Napa Valley, serving as a one-stop shop for access to the resources people need to survive and thrive.

Located at offices in Calistoga and St. Helena, UVFC brings a prevention-focused, strengths-based, and community-responsive approach to provide a broad range of services for people of all ages. Our senior wellness programs include community education, senior women's groups, case management, referrals for counseling services, and emergency aid, providing a crucial connection point to resources in English and Spanish that help upvalley seniors maintain a high quality of life.