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Front cover photo:
Detail image of St. Helena Hospital’s Martin-O’Neil Cancer Center. Photo was taken from the Sally Jones Healing Garden, which surrounds the back side of the building.
Changing It Up

Should you need to visit St. Helena Hospital in the next 24 months, you will see changes everywhere. Start with the Main Lobby, which has been transformed into an elegant, welcoming space. We will soon have a new, state-of-the-art Family Birth Center, a cutting-edge Orthopedic Department, and a brand new Heart and Vascular Department. More private spaces, more suites and comfortable view lounges and consulting rooms for physicians and patient families – these are just a few of the enhancements being made to our hospital’s physical plant as part of our Project Transform campaign.

Such dramatic changes come at a price, of course, and we’ve already surpassed our fundraising target of $9.25 million, which will be matched by an equal commitment from Adventist Health. Such success was the result not only of major gifts, but small contributions as well. Generous members of this enthusiastic community enabled us to meet our three-year campaign goal in just one year.

Another change on the horizon is our intention to strengthen the scope of the Foundation Board of Directors. We are creating new opportunities for more community members to be engaged in outreach activities that support St. Helena Hospital. Stay tuned for further details in the months ahead.

Finally, we’ve transformed the leadership of the St. Helena Hospital Foundation, bringing in a new Chief Development Officer, Steve Lundin, and appointing Kendace O’Donnell as Executive Director. The result is a more dynamic team approach to our fundraising efforts.

As I look forward to my final year as chair of the Foundation Board, I’m incredibly gratified by what we’ve been able to achieve. Three or four years ago, we were at risk of losing this remarkable hospital, but now we are stronger than ever. As Upvalley residents, we should ask ourselves to imagine what life would be like if we had to travel to Napa or Santa Rosa for urgent or high-quality health care. It’s a luxury we can’t afford to lose – and thanks to you, we are now healthier than ever. That kind of change is good!

David R. Duncan
Chair, Board of Directors
St. Helena Hospital Foundation
Look How Far We’ve Come

Improvement is the positive side of change. Continuing our tradition at St. Helena Hospital, we spent the past year striving to set a new standard of excellence. You’ll read more in these pages about our Project Transform campaign, which has been expanding and upgrading our physical plant, heightening our ability to provide patient-focused care. We have also established St. Helena as a destination health-care center for the West Coast. To achieve viability that produces sufficient demand and volume to justify all of our top-notch services, we must be able to attract patients from a wider geographical area to support our unique specialties.

Another exciting change this year has been the growth of our hospital network across California. In late 2011, Adventist Health expanded its Northern California Network from three hospitals to five. St. Helena Hospital remains the tertiary center, with partner hospitals in Clear Lake, Vallejo, Ukiah, and Willits. Through this relationship, we are sharing management services to increase our expertise and efficiency, while improving the patient experience at all five facilities.

Our hospital is located in a rural area with a population of about 20,000 people, where you might expect to find a small hospital with perhaps 20 beds. Communities of this size generally offer acute care, transferring those who require specialty care to larger cities with more sophisticated facilities. And yet we have a 150-bed hospital with the technology and services to care for more than 100,000. We have a top-tier dedicated cancer center, cardiac services, surgical facilities, and a world-class orthopedics program. It’s been said that the attributes of St. Helena Hospital are equal to that of a small academic medical center, our technology and expertise are so outstanding. But we have all this in the middle of a small rural community.

Without your gifts and generous spirit, none of these remarkable achievements would have been possible. We will continue to find ways to expand our reach and deepen our level of service to our patients and the broader community. With your ongoing investment, we can advance excellence in health care, not only for the Upper Napa Valley, but for the entire West Coast.

Terry Newmyer
President and CEO
St. Helena Hospital Napa Valley

2011 Income from Charitable Donations

Thanks to the generosity of our donors, the St. Helena Hospital Foundation raised more than $8 million in 2011.

In addition to capital for new technology and facilities, funding helped to support many health programs and services that benefit the community.
What does it take to TRANSFORM a hospital?

It takes the same “sweat equity” and community support that it took to build St. Helena Hospital over 134 years ago. Philanthropy is the cornerstone that was set in 1878. It is this same culture of philanthropy that the Foundation strives to preserve and we are proud to acknowledge the overwhelming generosity of our donors.

The MONEY COMES FROM people like you through many avenues – events, major gifts, annual donations, and grants, to start with. And how does it get here? Via planned gifts, annual cash donations, stocks and securities – and through the gift of time as a hospital volunteer, just to name a few. In 2011, 164 volunteers donated over 18,397 hours of their time to the hospital, serving as couriers, coordinating mailing projects, and staffing the Big Oak Gift Shop.

In addition to money raised for major capital projects, the hospital counts on annual contributions which provide a reliable source of funds to assist with the current needs of the hospital. Who are the champions of the annual fund? Members of the President’s Forum. In recognition of their generosity, the Foundation offers members two annual thank-you dinners in elegant settings that feature presentations from leading authorities on important health issues. In 2011, President’s Forum members gave over $127,000 to support the greatest needs of the hospital. For more information or to join, call the Foundation Office, 707.963.6208.

WHERE DOES THE MONEY GO? In 2011, 69% of the money raised supported CAPITAL PROJECTS or will go toward funding Project Transform – an ambitious plan to modernize and expand St. Helena Hospital over the next two years. All programs and services of the hospital are touched by gifts donated to GENERAL OPERATIONS and CHARITY CARE/COMMUNITY BENEFIT PROGRAMS. These contributions help fill the gap between what it costs to provide best-practice standard of care and the amount that our patients are able – or unable – to pay for these services.

WHO IS LEADING THESE EFFORTS? We are pleased to welcome Steve Lundin, Chief Development Officer. Steve provides executive leadership for the St. Helena Hospital Foundation. He also works closely with the other Adventist Health Northern California Network hospitals in fundraising activities to support our quality, growth, and infrastructure initiatives. Prior to arriving here in August 2011, Steve was the President and CEO of the Alta Bates Summit Foundation, one of the leading hospital development programs in Northern California.
“I go to the Sally Jones Healing Garden frequently, to eat my lunch or to pray – the soothing natural environment offers a great break from the chaos of my work day. I often refer patients and visitors to the garden. One woman later told me that she had been anxiously awaiting word from the operating room about her husband’s surgery. Being able to sit in the sunshine and hear the waterfall, she was able to relax and prepare herself for whatever news she received. Fortunately, the news was good!”

Dorrie Skadal
Registered Nurse
Preadmission Testing and Outpatient Services
St. Helena Hospital
Caring for the Future 2011

Scheduled for completion by the end of 2013, this renovation will enable us to provide advanced care to more patients, reduce wait times, and operate with reduced power consumption and waste:

- New State-of-the-Art Family Birth Center
- Expanded Heart and Vascular Wing
- Expanded Orthopedic Wing
- Expanded Intensive Care Unit
- Updated Patient Rooms and Lobby
- Modernized Sterilization Equipment
- Remodeled Medical Surgical Unit
- Refreshed Mental Health Wing
Transformative Philanthropy

If you want something done, ask a busy person, goes the old saying. And if you want something done with passion, thoroughness, and elegance, ask Daphne Araujo. For twelve years, the Calistoga vintner has served on the St. Helena Hospital Foundation Board — three of them as chair. She co-chaired the Foundation’s Caring for the Future capital campaign from 2006–2009 and the Caring for the Future–2011 Project Transform campaign. Ask about any of these projects and it quickly becomes clear that Daphne is no casual board member – her boots are firmly on the ground.

“Caring for the Future has been a high point of my work here,” Daphne says. “Hospitals aren’t static; they’re constantly influenced by research and new technology. The fundraising process never really ends.” The 2006-2009 campaign exceeded its ambitious $28 million goal by $8 million.

In November, Daphne and her husband, Bart Araujo, were honored at Heartfelt, the Foundation’s 17th-annual fundraising gala. The event netted over $1 million to benefit the Hospital’s Heart and Vascular Services. “Good hospitals are always striving to have positive outcomes,” Daphne says. “In most cases, people go in sick and come out well. But cardiac problems need immediate attention; you don’t have that much time. Heart disease is consistently one of the top two causes of death in both the nation and in Napa County. It’s incumbent upon a world-class hospital like ours to provide the best possible cardiac care.”

Now Daphne has turned her attention to Caring for the Future–2011 Project Transform, a plan to expand the hospital by 21 beds and remodel it to offer patient-centered care. “Our birth center had been inadequate for years, but we had no place to move it,” Daphne explains. “The patient rooms, located in a facility that was built in 1948, were badly in need of refreshing. Our level of care is superb, but we didn’t have a healing environment. The updated facilities will support the technical excellence that St. Helena’s doctors and staff already provide.”

Such commitment echoes the passion that Daphne and Bart have brought to their own endeavor, Araujo Estate Wines, which they farm biodynamically on the historic Eisele Vineyard. The Araujos are highly respected for the way they have maintained the integrity of the vineyard and their hand-crafted, limited release wines. “We’ve tried to honor the land as we’ve impacted it, in the same way the land has impacted and honored us,” Daphne says.

St. Helena Hospital clearly bears the imprint of her generous spirit, with so many improved facilities and programs. “As board members, our job is to listen to the community about its concerns and needs for health care,” she says. “So many people have benefited from this hospital, they want to give something back through philanthropy. It’s gratifying to help them make that connection. You realize you can really make a difference.”
A Grateful Patient

“We had just moved up here from Los Angeles and knew no one in the community. After dancing all weekend at my daughter’s wedding, I woke up with my lungs completely filled with fluid – a mitrovalve prolapse, it turned out. Our neighbor’s San Francisco doctor assured us that we had the best five-star cardiac hospital we could hope for right here in the valley. I was treated with so much love, respect, and rapid attention, I felt like I was at a spa manned by angels! My cardiologist was Dr. Lies, my surgeon Dr. Jacobson – they not only saved my life, but made me feel so safe and secure and well taken care of. There is no need to travel from our magnificent Napa Valley for the ultimate in world-class cardiac care.”

Mimi DeBlasio, Scarecrow Wines
When Seconds Count

With the aging of the Baby Boomer generation, the rate of heart disease is on a steady rise – they are experiencing heart disease in higher numbers than any previous generation. The good news? Today, with rapid response and quick treatment, a heart attack is very survivable.

Fortunately, St. Helena Hospital has a multidisciplinary team of cardiac and vascular specialists that enables us to offer one of the most active cardiovascular programs in the region. St. Helena’s Heart Institute provides the highest possible level of cardiac care right here in the Valley.

Until now, however, our capable team has been working in a less-than-modern environment. While the surgeries and interventional methods are top-notch, our facilities haven’t allowed a good continuum of care. “Our monitoring equipment, respiratory therapy machines, and infusion pumps are the latest technology, but the aesthetics of our intensive care unit and waiting room are vintage 1970s,” says cardiologist James Srebro, M.D. “There is a division between the level of care we’re giving and the environment the patients and their families experience.”

In 2010, St. Helena Hospital opened the Wilfred M. Huse, MD, Heart & Vascular Suites. The new facility offers cardiac catheterization and equipment to diagnose and treat diseases of blood vessels outside the heart and brain. “It’s extremely well-designed and a benefit to every doctor who uses it,” says Dr. Srebro. “It allows us to do our very best work.”

The next step, slated for completion in 2014, is a 9,200 square-foot Heart and Vascular Unit. The new facility will offer an expanded bed capacity; two VIP suites for patients desiring upgraded accommodations; a View Lounge offering patient families a serene setting to wait during their loved one’s stay; improved telemetry equipment; and closer proximity to the Intensive Care and Cardiac Surgery Units. Not only will the new unit provide more comfortable care but, in the rare case when two patients are having serious cardiac events at the same time, it gives doctors more flexibility in handling those critical moments.

St. Helena’s Heart Institute will benefit from more than just improved facilities. “We will be bringing on a cardiac clinical nurse specialist and a cardiac nurse practitioner to assist the thoracic surgeons in their day-to-day interactions,” says Director of Cardiovascular Services and Medical Imaging Chuck Adams. “All patient records will be immediately available across the computerized system. We will offer the full package: the expertise, the equipment, and the technology.”

“The new Heart Institute is a tremendously sound investment for our community,” Dr. Srebro adds. “People like to feel that whatever they give does touch human beings, and their gifts are really making a difference. They’re enabling us to offer the best health care available.”
Changing Lives for the Better

It is estimated that 23,460 women in California will be diagnosed with breast cancer this year; 100 of them will live in Napa County. Fortunately, state-of-the-art screenings are available at St. Helena Hospital's Women's Center Mammography Services. These life-saving exams are vital to early detection – mammography is still the best screening tool for detecting cancer, making outcomes more successful. Thanks to annual grants from Auction Napa Valley, the Women’s Center is able to provide not only digital mammograms but also breast ultrasounds, bone density screenings, and cardiac risk screenings at no cost to individuals in our community who cannot afford them.

“Last year we performed 2,377 mammograms and of those, 80 were provided for free,” says Rosa Plancarte Ayala, the Community Registration Associate at the Women’s Center. “Our patients are always so grateful. Although they can’t afford to pay for these procedures, they often make small donations back to the hospital, just out of appreciation.”

Another transformative gift acquired through the Auction Napa Valley grant was digital mammography equipment: a GE Senograph 2000D which provides crystal-clear images in just a few seconds, often with less discomfort than that associated with analog mammography.

These life-saving technologies are quick, convenient and more accessible than ever, thanks to the generosity of Auction Napa Valley. “It’s my favorite part of the job,” says Rosa, “seeing the change that comes over our patients during the screening process. They come in frightened and anxious. When they leave, you can see their relief and broad smiles on their faces. ‘That wasn’t bad at all!’ they say. It always makes my day.”

A Grateful Patient

I’m self-employed and currently uninsured. From the first moment I spoke with Rosa, I felt comfort and relief. “This is what we’re here for,” she said. “We want you to take care of yourself.” Rosa’s attitude made my day; she was so encouraging and helpful. I’m considered high-risk for breast cancer, and therefore, screenings are vital to my preventative care. I’m eternally grateful to the Women’s Center and Auction Napa Valley.

Pamela, St. Helena
Auction Napa Valley
Adolescent Mental Health Unit
Cardiovascular Laboratory
Community Needs
Emergency Room Capital
Family Birth Place Operations
Health Center Room Renovation
Hospice
Hospital Charity Care
Hospital Diagnostic Equipment - Spiral CT, Outpatient Surgery
MRI, Martin-O’Neil Cancer Center Linear Accelerator
Hospital Information Technology – Electronic Patient Record System
Job Care Operations
Latino Health Education
Medical Imaging
Nuclear Medicine
Osteoporosis Screening
Out Patient Surgery – Special Procedures
Respiratory Care Education
Seniors Outreach
Women’s Center Diagnostic Equipment and Programs
Game-Changing Gifts

It would be impossible to talk about generous philanthropy in this community without mentioning the Napa Valley Vintners Association, whose Auction Napa Valley has annually funded the most ambitious advances at St. Helena Hospital. Of the many organizations to benefit from the Vintners’ grants, our hospital is among the top two, and the group’s cumulative funding to us now exceeds an astonishing $10 million.

When I arrived in St. Helena 14 years ago, my own practice benefited from the upgraded outpatient surgery center made possible with a Napa Valley Vintners donation. Having a dedicated space for such procedures enables me to perform at my highest capacity. More than that, as a physician I have seen at close range how patients’ lives have been touched by such improvements to our facilities.

Now, from the added perspective of an administrator, I have a better view of the hospital’s overall operation. And across the board, we have achieved the highest possible standard of facilities, technology, and programs – largely due to the considerable annual funding of the Napa Valley Vintners and Auction Napa Valley. Nowhere is this more apparent than in the fact that we regularly achieve the highest quality scores among health-care organizations nationwide.

We have so much to be grateful for at St. Helena Hospital. The Napa Valley Vintners Association is at the top of that list.

Steven C. Herber, M.D.
Executive Vice President
St. Helena Hospital
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