Inspired!

The Chef Who’s Solving the Hospital Food Paradox

When an award-winning chef met your generous support for St. Helena Hospital’s Great Food Initiative, a whole new standard in healing care was born... pages 2–3.
The Chef Who’s Solving the Hospital Food Paradox

When an award-winning chef爵nets your generous support for St. Helena Hospital’s Great Food Initiative, a whole new standard in healing care was born... "People can taste when you cook fresh," Chef Christopher Young shares. "The food we’ve been using for our patients, visitors, and staff is the same food we make at home. We’re not only bringing our family recipes to the big kitchen, but also creating a dining experience that’s like a trip through our home."

Chef Christopher Young – the chef who’s solving the hospital food paradigm. The Chef Who’s Solving the Hospital Food Paradox: "People can taste when you cook fresh," Chef Christopher Young shares. "The food we’ve been using for our patients, visitors, and staff is the same food we make at home. We’re not only bringing our family recipes to the big kitchen, but also creating a dining experience that’s like a trip through our home." The Chef Who’s Solving the Hospital Food Paradox

Mobi Goes to Denmark! Highlights:

- **A GLOBAL MODEL IN PATIENT CARE**
  - You for supporting his work.
  - Winning awards – Chef Chris was quick to praise. "This is the best crew I’ve ever worked with."
  - Chris is quick to praise. "This is the best crew I’ve ever worked with."
  - Chef Chris is quick to praise. "This is the best crew I’ve ever worked with."

- **EARLY IMPLEMENTERS & INNOVATORS**
  - Chef Christopher Young – the chef who’s solving the hospital food paradigm.
  - Chef Christopher Young – the chef who’s solving the hospital food paradigm.
  - Chef Christopher Young – the chef who’s solving the hospital food paradigm.

- **SUPER-POWERING CURRENCY**
  - Dr. Shamsnia brings a new visibility to gynecologic surgery:
  - For me, this is home. Dr. Shamsnia moves fluently between sharing how robotic surgery’s small incision and recovery speed can offer a future cure in even the most complex cases, to how her fellowship training means critical proficiency in robotic and vaginal surgeries, and in laparoscopy, hysteroscopy, and navigating irregular pelvic spaces – and it’s clear that Lily Naz Shamsnia, MD is here to grow. "We found a great place to live in Calistoga, and I just knew. This is a natural fit."

- **EDITORIAL**
  - "For me, this is home. Dr. Shamsnia moves fluently between sharing how robotic surgery’s small incision and recovery speed can offer a future cure in even the most complex cases, to how her fellowship training means critical proficiency in robotic and vaginal surgeries, and in laparoscopy, hysteroscopy, and navigating irregular pelvic spaces – and it’s clear that Lily Naz Shamsnia, MD is here to grow. "We found a great place to live in Calistoga, and I just knew. This is a natural fit.""

- **LOOKING FORWARD**
  - Chef Christopher Young – the chef who’s solving the hospital food paradigm.
  - Chef Christopher Young – the chef who’s solving the hospital food paradigm.
  - Chef Christopher Young – the chef who’s solving the hospital food paradigm.

- **Looking forward,**
  - For me, this is home. Dr. Shamsnia moves fluently between sharing how robotic surgery’s small incision and recovery speed can offer a future cure in even the most complex cases, to how her fellowship training means critical proficiency in robotic and vaginal surgeries, and in laparoscopy, hysteroscopy, and navigating irregular pelvic spaces – and it’s clear that Lily Naz Shamsnia, MD is here to grow. "We found a great place to live in Calistoga, and I just knew. This is a natural fit.""
ADVANCING MEDICAL EDUCATION

Where the Primary Care Physician Is In

Within the next decade, California will need 4,100 primary care physicians to meet projected demand. But recently you helped St. Helena Hospital win a federal grant to build a novel solution...

As president of St. Helena Hospital, Steve Herber, MD, FACS, often sees solutions others miss. One such solution will soon be assisted by a competitive federal grant to launch a rural residency program at St. Helena Hospital – purpose-built to ease a critical shortfall in family medicine by training top-caliber, primary care physicians here at home. In a region where up to half the population has trouble finding primary care doctors, the residency program is badly needed.

Where the doctors will soon be in

Dr. Herber, and all the staff here, could not be prouder – or more grateful:

“People in the community often ask me, ‘Where can I go for a doctor?’ And sadly, there aren’t enough doctors in the valley. That’s why being awarded this incredible federal grant to develop our own residency training for rural primary care physicians at St. Helena Hospital is a game-changer, and I want to thank Foundation supporters for putting us on the map. We’re one of just 13 healthcare organizations chosen nationwide.”

See the Foundation Project Prospectus on page 6 for more innovative projects your generosity can be part of. Thank you for believing in world-class healthcare close to home!

Rural Primary Care MDs: Why More Are Needed Now

15% of Napa County – nearly 2 people in 10 – are without access to sufficient primary care

47% of Lake County’s population, almost half, don’t have access to sufficient primary care
Help Shape the Future of Health: A Foundation Project Prospectus

Growing world-class healthcare in Napa Valley would not be possible without friends like you. Below, with our profound gratitude and hopeful expectations, you’ll find St. Helena Hospital projects you’ve helped fund – and critical new opportunities that need your help...

Pupillometer —
**Critical priority, $12,000**
Your gift of a pupillometer will speed triage and treatment for some of St. Helena Hospital’s sickest patients by helping precisely assess the pupils of the eyes, which can signal stroke and traumatic brain injury HOURS before clinical symptoms manifest.

Arctic Sun 5000 —
**Top priority, $100,969**
Your investment in the Arctic Sun will buy crucial time in life-or-death emergencies by safely cooling the body to help minimize damage in patients who’ve suffered sudden cardiac arrest or ischemic brain injury, such as stroke.

AI for Lung Nodule Program —
**Top priority, $113,000**
Lung cancer is the nation’s #1 cancer killer. Your gift to the Lung Nodule Program will fund an Artificial Intelligence System to detect signs of cancerous lung nodules up to a year earlier than manual-only review of x-rays.

MONARCH™ Robotic Endoscope —
**Top priority, $852,902**
Your generous investment in MONARCH™ will provide unique visualizing of, and access to, hard-to-reach areas of the lung, enabling more accurate diagnosis of early-stage lung cancer.

Vivid Echocardiogram —
**Top priority, $116,511**
Your gift to fund the leading-edge GE S70 will bring best-in-class 4D imaging for cardiovascular ultrasounds, with added, essential applications for urology, OB/GYN, and ultrasonography.

3 recent projects you’ve funded 100%, thank you!
• da Vinci Robotic-Assisted Surgery for unrivaled precision
• Magseed precision marking for early-stage breast cancers
• Surface-guided radiation therapy for real-time tumor tracking

For a conversation around funding a critical needs project on the prospectus, please email or call President and CEO Glen Newhart directly, at glen.newhart@ah.org or 707-963-6208. Thank you for your visionary support of St. Helena Hospital Foundation!

Did you know? Mental health matters... At a pivotal time when young people need mental health support more than ever, your kind donations bridge a critical gap by helping keep ten percent of all adolescent behavioral health beds in California nearby at Adventist Health Vallejo. Thank you. 💙

AdventistHealth
St. Helena Hospital Foundation
10 Woodland Road, St. Helena, CA 94574

Phone: 707.963.6208
Email: shhfoundation@ah.org
Volunteer. Donate. Discover. shhfoundation.org
Visit us on Instagram: www.instagram.com/shhospitalfoundation
Like us on: www.facebook.com/sthelenahospitalfoundation